

Mountaineer

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Debate over utilities billing program heats up

Story and photo by Michael J. Pach
Mountaineer staff

An informational gathering was held Aug. 29 at the Special Events Center to discuss the Residential Communities Initiatives plan to make Soldiers responsible for their utility bills starting Sept. 1. Ivan Bolden, assistant for policy and program manager in the Office of the Assistant Secretary of the Army for Installations and Environment was on hand to answer questions about the utilities program.

This program was mandated by the Office of the Secretary of Defense and supported by Congress in an effort to encourage energy conservation and cut expenses related to skyrocketing energy costs. Bolden was given the task of implementing a program that would both meet the goals of the OSD and be fair to Soldiers living on posts across the country.

As a 27-year Army veteran, Bolden said he makes every effort to think as a Soldier and keep the best interests of Soldiers in mind when implementing any policy. He believes this policy is fair since Soldiers on post will be responsible for only their electricity and gas bills whereas their counterparts who live off post must pay utility deposits and bills for electricity, gas, water, sewer, trash and recycling. Also, all of the homes on post are either newly constructed or have been upgraded with energy-efficient appliances.

Bolden said he sees the glass as half full. "If you are a good steward of your energy usage (and you live on post), you'll get a check back, but if you live off base, you pay bills every month," he reasoned.

Many of the Soldiers who voiced their opinions at the meeting disagreed with Bolden. Several had questions about how the baseline figure was determined that forms the basis for their utility bills. Others were simply concerned that they would be paying extra from their budgets every month. At the end of the meeting, one Soldier expressed his dissatisfaction by saying the explanation of the



Ivan Bolden, right, addresses a Soldier's question at the utilities informational gathering Aug. 29 at the Special Events Center.

policy was poorly presented.

Energy Billing Systems, Inc. was contracted to install meters in all housing units on post and provide the billing services for this program. The company was also given the task of determining the baseline for energy usage that is part of a Soldier's Basic Allowance for Housing.

The baseline was determined by looking at historical energy usage data for all housing units over the past three years, according to Troy Hull, vice president of new business development for Energy Billing Systems, Inc. Housing units were then

divided into 52 different categories based on energy performance, square footage, the number of stories above ground, the type of foundation and where the units are located within multi-unit buildings.

Actual consumption rates were then determined by averaging the usage figures for the homes within each category. The baseline for each unit was then calculated by multiplying the consumption rate by the current utility rate and adding a 5 percent buffer to help compensate for any spikes in energy usage.

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MUST SEE



The nation remembers.
See Pages 20-21

AAFES dispenses fuel pump safety

Army and Air Force
Exchange Service

DALLAS — A military service member went to the gas pump to fill two five-gallon containers and put them in the trunk while running errands. After parking at the Fort Leonard Wood, Mo., hospital, the car burst into flames. By the time the fire and smoke cleared from the June 5 explosion, 10 vehicles were destroyed.

"The Fort Leonard Wood Fire Department suspects the fire most likely started when an electrical spark from the tail or brake light ignited fumes that accumulated in the hot enclosed trunk," said Army and Air Force Exchange Service Health and Safety Manager Mike Myers. "It was a miracle no one was fatally injured."

With 269 gas stations worldwide serving 11.6 million customers, AAFES has a vested interest in educating

military families on the dangers of careless gasoline use. The American Petroleum Institute recommends the following precautionary measures for storing and transporting gasoline:

- Store at room temperature, away from potential heat sources such as the sun
- Keep appliance pilot lights or igniters more than 50 feet from stored gasoline
- For better ventilation, handle gasoline outdoors

In addition, Myers recommends keeping gasoline containers tightly closed and not storing them in the trunk for a prolonged period of time.

Transporting and storing gasoline is not the only potential hazardous situation.

A separate but equally important issue is static electricity. Additional

See **AAFES** on Page 6

A compliment in layman's terms

Commentary by Kamryn Jaroszewski

Army News Service

I would go to war with my husband.

Of course, I say that knowing I'd never actually have to go. I wanted to deploy after the terrorist attacks in 2001.

I'd been in the Army for 14 months when Sept. 11 happened, and I was psyched about my chance to stick it to the terrorists.

Or, at least, take pictures of other Soldiers sticking it to the terrorists.

See, I was in a different Army than my husband. We both wore the same uniform, but he was in the rough-and-tough, sleep-in-the-field-for-weeks kind of unit. I was in the "logical" Army — or as logical as it was going to get.

If it was pouring down rain, the Soldiers in my public affairs office did physical training in the gym. My husband would pack a towel for his truck so the seats wouldn't get wet. If there was a postwide formation, my section would meet an hour before. My husband's unit would

meet two and a half hours before to have company, battalion and brigade formations first.

I was always amazed at the inner workings of a line unit. They had cool equipment and actually knew how to use it. I had cool equipment too, but I couldn't call for fire on my digital tape recorder.

When my husband returned from field training exercises, he'd tell me how his squad engaged the enemy or how they fashioned showers out of camelbacks. He'd show me on the terrain map where his squad started, where they ended up and how they determined possible ambush areas.

I was so impressed. All I could show my husband were the functions of my camera and the shortcuts for QuarkXpress, the newspaper design program I used.

When his unit started training for deployment, I'd listen to his play-by-play as if I were watching a movie. It was so hard to believe we were in the same service, sometimes.

During all of that, one thing became apparently clear to me: my husband and his "joes" knew their



Photo by Paul Disney, U.S. Army

Emergency workers fight the fires at the Pentagon following the attacks.

stuff. They knew it so well they were complimented in Kuwait by the person in charge of the convoy training center. He said Jared's group was the best he'd ever seen.

Once, I tried to compliment Jared. I told him I was proud he knew his job so well and that he was able to teach other Soldiers.

He told me to quit being silly. I guess they don't have positive reinforcement in his Army.

So instead, I'll tell him how I feel about his Soldiering in terms he may better understand.

Honey, I'd go to war with you.

Patriot Day: Army intern reflects on dad's sacrifices

Commentary by Katisha Draughn

Army News Service

WASHINGTON — The attacks of Sept. 11, 2001, have shaped my view of America's Soldiers.

My father, retired Command Sgt. Maj. Carnell Draughn Sr., served 30 years in the Army. Growing up, I watched him come and go to different duty assignments and then deploy to Iraq. I didn't know much about military operations at the time, and I certainly didn't understand the importance of war.



Photo courtesy of U.S. Army Corps of Engineers NE Region
Active Duty and Reserve Army Soldiers assisted in the rescue at the World Trade Center in New York City.

Now I work at the Pentagon as an intern with the Department of the Army Public Affairs, and I see the effects of Sept. 11 unfold in front of me.

September 11 began as a typical day for me. I went to class that morning at Norfolk State University and heard about the terrorist attacks from my classmates in the hallway. I was in shock. How could this be real? Was the world coming to an end?

My father was stationed at Fort Meade, Md., at the time, but had taken a week of leave to spend time with our family in Virginia. He heard about the attacks in a phone call from his first sergeant.

Dad's first reaction was to cut his leave short and go back to Fort Meade, but he was told not to. When he returned to work, he sent his Soldiers to the Pentagon to help locate bodies and clean up the debris.

Although my father submitted his retirement papers in January 2001, he pulled them to stay in four more years after the terrorist attacks.

At first I thought he was crazy. Four more years in the Army? What was he thinking? Now that I work for the Army, I completely understand why.

It's called sacrifice.

"I didn't feel I could leave the Army when our country was preparing for war," Dad told us.

So he sacrificed being away from his family to join his Soldiers in fighting terror. He finally retired last July.

My work as an Army intern further opened my eyes to how Sept. 11 affected America, and how it changed our military. Installations worldwide have tightened security, equipment has become increasingly high-tech, and our Soldiers now get some of the toughest, most war-specific training ever offered.

But one thing that remains the same since pre-Sept. 11 — that needs no change — is the inspiring sense of duty our Soldiers still carry five years after most physical signs of Sept. 11 have disappeared. Despite injuries, they still volunteer to serve, some back in Iraq or Afghanistan where they lost buddies and limbs.

I can't see myself enlisting in the Army, but I have so much respect for those who do in order to ensure our safety.

As the five-year anniversary of Sept. 11 approaches, we should all take the time to reflect on what America lost that day and pray for the victims and their families.

We should also take the time to do something special for our Soldiers overseas to show them how much we appreciate what they are doing for our country.

God bless our Soldiers, and God bless America.

MOUNTAINEER

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NEWS

Committee examines issue of women separating from military

by Steven Donald Smith

American Forces Press Service

WASHINGTON — Female military doctors, lawyers and chaplains are more likely than their male counterparts to leave the military after serving five to eight years.

The Defense Department Advisory Committee on Women in the Services wants to know why.

By examining these three career fields, the committee hopes to understand why female service members in general have such higher rates of military separation, Mary Nelson, chairwoman of DACOWITS, told the Pentagon Channel Aug. 25.

Nelson said it's important to retain more women, and understanding why they leave may help to accomplish this.

The main reason women are getting out after five to eight years of service is to start a family, she said. "They don't want to have a 2-week-old (baby) and have to be deployed."

A possible solution to the problem, she said, is "on-off-ramps," or points at which service members can take a leave of absence from the military.

While calling the concept a good idea, Nelson acknowledged that it comes with some issues.

"If we have these off-ramps, where people can

get out and take a two-year leave, then it becomes an issue of when they come back, where are they?" she said.

"Are they still with the same class they entered with? If so, then they're at a great disadvantage and aren't going to be promoted through the ranks. So as they come back, adjustments have to be made to their date of rank so that they're competitive again.

"It seems like we have provisions for people to leave for educational reasons, then come back in, so maybe this could be extended," she added.

Because survey data never tell the full story, DACOWITS members go to installations and hold focus groups among female service members, Nelson said.

Committee members ask a broad range of questions to help them understand the problems these women face and their reasons for wanting to leave the military.

When meeting with these women, the committee members are eager to solicit possible solutions from the women, Nelson said.

The committee's 2005 report studied issues related to work/life balance and found that most women put their families first.

"They're making the decision based on their family as well as their deep desire to serve their

country," she said.

For example, the committee concluded that female service members garner great satisfaction from overseas assignments, but consider their families' needs first, Nelson said. "I think that really was the focus of our report last year," she said. "How can people balance their work, their career and the needs of their families?"

Numerous high-ranking military officials of both genders stressed to Nelson that women offer something the military would not have without them.

"They offer a different perspective. They offer a different way of looking at things, a different way of communicating, a different way of gathering points of view and getting consensus," she said.

"It's a different way of doing things, and it's something the military members I've talked to feel very strongly that the military needs."

The Defense Department Advisory Committee on Women in the Services was established in 1951 by then-Secretary of Defense George C. Marshall.

The committee is composed of civilian women and men appointed by the secretary of defense to provide advice and recommendations relating to the recruitment and retention, treatment, employment, integration and well-being of highly qualified professional women in the armed forces.

AKO homepage gets new look, easy features

by **Katisha Draughn**

Army News Service

FORT BELVOIR, Va. — Computer users landing on the Army Knowledge Online homepage are finding a new format.

AKO launched a new homepage Aug. 26 to help users easily navigate the site and find information quickly.

“We received a lot of feedback from our customer base stating that the old AKO homepage was overwhelming and had too much information,” said Col. Taylor Chasteen, project director, AKO. “We thought that better organization and a more elegant design would facilitate the user experience.”

Users now see a new design; easier navigation

tools like scrolling tabs, drop-down menus and picture icons; important news items on the top of the page and a change in how information is organized. The left navigation bar on the former homepage was also removed to allow additional space for content from administrators.

The AKO homepage was last revised two years ago, but the AKO team says users can expect to see more frequent updates.

“We tried to focus on the concept of continuous improvement and increase usability,” said Diane Bartley, leader of the AKO team. “We wanted to make things cleaner and easier to find, and we tried to eliminate the number of clicks and scrolling the users would have to utilize.”

Users have responded positively to the new

look, according to Bartley.

“We have a very vocal user community and we have received so many positive comments,” she said.

Users visiting AKO for the first time since the modification can click on the “AKO Homepage Upgrade Page” link for more information on all the changes. Users can also take an interactive tour of the new homepage and look at a cheat sheet which gives a before and after version of the homepage.

With the current upgrade complete, the team is now working to improve the search function, according to Lt. Col. Kenneth Fritzsche, chief of operations.

“We have only just begun. We are still going to continue to improve the homepage,” Fritzsche said. “The goal is to always strive to modify things and make them better.”

MILITARY

10th CSH boasts 94% survivability rate in war zone

by Karen Linne

Mountaineer editor

Providing medical care to Coalition Forces and Iraqi citizens has been the job of 10th Combat Support Hospital Soldiers from the Mountain Post for nearly a year.

The unit has been involved in all levels of medical care from trauma to preventive medicine. That's routine for combat support hospital personnel deployed to a war zone.

The unit is unique in that its Soldiers have delivered babies, performed pediatric care in a combat zone and can boast a 94 percent survival rate of patients. Not too shabby, especially considering the 480 Soldier strength unit is operating the largest and busiest trauma center, Ibn Sina, in Iraq.

The commander of the 10th CSH, Col. Dennis D. Doyle, credits the superior survival rate to his emergency room staff.

"The ER staff is the best I've ever

seen," Doyle said.

"The ER averages about 20 patients per day. We've (hospital staff) had eight mass casualty situations so far, treated 130 patients ... and it's become almost business as usual. They're (staff) seeing more trauma than they would normally see," Doyle said.

Ibn Sina's patients also have also used more blood products than all three other combat support hospitals in theater, according to Doyle.

"10th CSH staff serves as a walking blood bank," Doyle added. Although the hospital receives blood and blood products from a Department of Defense source, more blood is often required during MASCAL situations.

But not all is dismal for Soldiers of the 10th CSH.

"(We) were ecstatic to be able to bring new life into the world," said Capt. (Dr.) David Steinbruner,



Courtesy photo

Soldiers of the 10th Combat Support Hospital serve in support of Operation Iraqi Freedom. While serving at Ibn Sina, the largest and busiest trauma center in the region, the unit's Soldiers have had a 94 percent survivability rate among patients.

Military briefs

Miscellaneous

Casualty and Mortuary Affairs offices move — Fort Carson's Casualty and Mortuary Affairs offices have moved to bldg 1218, rooms 164, 165 and 168. Telephone numbers remain the same.

ASE exams — Automotive Service Excellence exams will be administered Nov. 9, 14 and 16 at the Mountain Post Training and Education Center. Funded exams are available for service members who are currently in an automotive technology degree program or have an eligible military occupational specialty in the automotive/mechanical service specialties.

Soldiers interested in taking the exams must register prior to Sept. 18. Contact a guidance counselor in bldg 1117 for more information.

Ethics training — The Office of the Staff Judge Advocate hosts annual ethics training on the following dates: Tuesday and Thursday from 1:30-2:30 p.m. Training will be held at McMahon Theater. Training is mandatory for Department of the Army civilians and military personnel. Units with more than 100 members can request individual training. Contract personnel are not required to attend. For details call 526-0538 or e-mail Lorraine.Sirois@carson.army.mil.

TSP Pilot — Let the Thrift Savings Plan Pilot take the guesswork out of your TSP fund choice decisions (including the new L funds). TSP Pilot's investment analysts give you optimized fund balance allocations you can plug into your TSP account Web site to maximize returns. A free issue is available. Please allow a few moments for the page to fully load: <http://TSP-pilot.com>.

Environmental Health training — The Environmental Health section of Preventive Medicine offers heat category monitoring training, food service sanitation training and classes on hot and cold weather injuries, sexually transmitted diseases, hearing conservation and medical threat briefings. For more information on these classes call 526-7922 or 524-2238.

DPW services — The Directorate of Public Works is responsible for a wide variety of services on Fort Carson. Services range from repair and maintenance of facilities to equipping units with a sweeper, and cleaning motor pools. Listed below are phone numbers and points of contact for services:

- Facility repair/service orders — KIRA service order desk at 526-5345. Use this number for emergencies or routine tasks.
- Refuse/trash — Call Kandy Clark at 526-9243 when needing trash containers, trash is overflowing or emergency service is required.
- Facility custodial services — Call Larry Haack at 526-9237 for service needs or to report complaints.
- Elevator maintenance — Call Sharon Gayle at 526-1695.
- Motor pool sludge removal/disposal — Call Kandy Clark at 526-9243.
- Repair and utility/self-help — Call Gary Grant at 526-5844. Use this number to obtain self-help tools and equipment or a motorized sweeper.

- Base operations contract COR — Call Terry Hagen at 526-9262 for reporting wind damage, snow removal concerns, damaged traffic signs or other facility damage.

- Portable latrines — Call Kandy Clark at 526-9243 to request latrines, for service or to report damaged or overturned latrines.

CIF Hours

Regular business hours

The Central Issue Facility has changed its operating hours. The CIF is no longer open to Soldiers on Fridays. Soldiers may make appointments by calling 526-3321. Listed below are the new operating hours.

Inprocessing

Monday-Thursday from 7:30-10:30 a.m.

Initial issues

Monday-Thursday from 12:30-3 p.m.

Partial issues

Monday-Thursday from 12:30-3 p.m.

Cash sales/report of survey

Monday-Thursday from 7:30 a.m.-3 p.m.

Direct exchange

Monday-Thursday from 12:30-3 p.m.

Partial turn-ins

Monday-Thursday from 12:30-3 p.m.

Full turn-ins

Monday-Thursday 7:30-10:30 a.m.

Unit issues and turn-ins

Call 526-5512/6477 for approval.

Hours of operation

Education Center hours of operation — The Mountain Post Training and Education Center's hours are as follows:

- **Counselor Support Center** — Monday through Thursday 7:30 a.m.-4:30 p.m. and Friday, 11 a.m.-4:30 p.m.

- **Learning Resource Center** — Monday through Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-5 p.m.; Saturday 10 a.m.-3 p.m.; and training holidays 9 a.m.-5 p.m.

- **Defense Activity for Nontraditional Education Support and Advanced Personnel Testing** — Monday-Friday 7:30-11:30 a.m. and 12:15-4:15 p.m.; closed training holidays.

- **Basic Skills Education Program/Functional Academic Skills Training** — Monday-Thursday 1-4 p.m.; closed training holidays.

- **eArmyU Testing** — Monday-Friday, 12:15-4:15 p.m.; closed training holidays.

- **Military Occupational Specialty Library** — Monday-Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-5 p.m.; Saturday 10 a.m.-3 p.m.; and training holidays 9 a.m.-5 p.m.

- **Legal Assistance hours** — Operating hours for the Legal Assistance Office are Monday-Thursday from 9 a.m.-5 p.m. and Friday from 9-11:30 a.m. and 1-4 p.m.

- **Claims Division hours** — The Claims Division office hours are Monday-Thursday from 9 a.m.-5 p.m., Friday from 8 a.m.-1 p.m. and closed federal and training holidays.

To make a claim, Soldiers must attend a

mandatory briefing, which is given Mondays and Wednesdays at 10 a.m. and 2 p.m.

At the briefing, Soldiers must submit a Department of Defense Form 1840/1840R. Submit completed claims Tuesdays and Thursdays.

DFAC hours — Fort Carson dining facilities operate under the following hours:

Wolf Inn — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

Butts Army Airfield — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). This DFAC is closed weekends.

Patton Inn — Monday-Friday 7:30-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-7 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

10th SFG — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6 p.m. (dinner). This DFAC is closed weekends.

Briefings

Special Forces briefings — will be held Wednesdays at bldg 1217, room 305, from 10-11 a.m., noon-1 p.m. and 5-6 p.m.

Soldiers must be E4-E6 from any military occupational specialty; have a general technical score of at least 100; be a U.S. citizen; score 229 or higher on the Army Physical Fitness Test; and pass a Special Forces physical. Call 524-1461 or visit the Web site at www.bragg.army.mil/sorb.

ACAP briefing — The Army Career and Alumni Program preseparation briefing is required for all departing service members. Current ACAP policy requires personnel ending time in service to register one year out and retirees two years out. ACAP preseparation briefings are held Monday-Friday from 7:30-9 a.m.

Attendees should report to ACAP by 7:15 a.m., bldg 1118, room 133. Call 526-1002 to schedule the briefing.

ETS briefing — ETS briefings for enlisted personnel will be held the first and third Tuesday of each month until further notice.

Briefing sign-in begins at 7 a.m. at bldg 1042, room 310. Briefings will be given on a first-come, first-served basis.

Soldiers must be within 120 days of their ETS but must attend the briefing no later than 30 days prior to their ETS or start date of transition leave. Call 526-2240 for more information.



BOSS meeting — The post BOSS meeting, for BOSS representatives, meets the third Thursday of each month at Xtremes from 1:30-3:30 p.m. For more information call 524-BOSS.

AAFES

From Page 1

refueling and fuel safety guidelines include:

- Turning off the vehicle engine while refueling
- Putting the vehicle in park and/or setting the emergency brake
- Disabling or turning off any aux-

iliary sources of ignition such as a camper or trailer heater, cooking units or pilot lights

- Not smoking, lighting matches or lighters at the pump or when using gasoline anywhere else
- Using only the refueling latch provided on the gasoline dispenser nozzle — never jamming the refueling latch on the nozzle open

- Not re-entering the vehicle while refueling

- When dispensing gasoline into a container, using only approved portable containers and placing them on the ground to avoid a possible static electricity ignition of fuel vapors. Containers should never be filled while inside a vehicle or its trunk, the bed of a pickup truck

or the floor of a trailer

- When filling a portable container, manually controlling the nozzle valve throughout the filling process
 - Filling container no more than 95 percent full to allow for expansion
- For more information visit the National Fire Protection Association's Web site at www.nfpa.org.



Photo by 2nd Lt. Jonathan R. Davis, 4th Engineer Battalion

Engineers at Coors Field

The Colorado Rockies Major League Baseball team was in need of a color guard for home games Aug. 17, 31 and Sept. 19. Soldiers of the Mountain Post's 4th Engineer Battalion answered the call. The 4th will soon reactivate, after being inactivated a little more than a year ago. Even though the engineers are busy with reactivating the unit, the unit's Soldiers find time to give back to the community. Five of the unit's Soldiers present the colors at the Aug. 17 game as the Rockies played the Arizona Diamondbacks. The detail will also present the nation's colors when the Rockies play the San Francisco Giants Sept. 19.

10th CSH

From Page 5

explaining the situations under which staff delivered eight newborns. "It (delivering babies) was an awe-some thing," he said. Combat support hospitals generally avoid obstetrics and gynecology practice. OB/GYN patients are normally sent to civilian hospitals and clinics in the area.

"Those babies received more than their fair share of attention," Doyle said.

In addition to being able to extend their professional experiences with obstetrics, staff members said they've experienced other life-altering events while treating patients who've endured blasts, burns and amputations.

"It just breaks your heart to see them (patients) suffer," said 1st Lt. Nickie Lacer, a nurse with the CSH.

"When we have a bad case, we all talk about it," Lacer said, "and that helps."

Also available to hospital staff and other Soldiers deployed to a war zone are Combat Stress Control Units comprised of psychiatrists, psychologists, nurses, psychiatric technicians and chaplains. Doyle explained that these units are able to "restore" Soldiers to their units following traumatic situations.

Additionally, recreational facilities in and around the hospital compound including two swimming pools, three gyms and a host of Morale, Welfare and Recreation-sponsored activities allow Soldiers to unwind. Soldiers of the CSH are also able to use telephones and e-mail to communicate with family and friends back home, Doyle said.

"Our deployment sacrifice has made the difference," Doyle said.

Soldiers of the 10th CSH are expected to return

Army releases new interrogation manual

Army News Service

WASHINGTON — The Army announced Sept. 6 the publication of Field Manual 2-22.3, "Human Intelligence Collector Operations."

The new manual replaces Field Manual 34-52, which was published in 1992 and focused entirely on interrogation operations. The new FM 2-22.3 is broader in scope and provides plainly worded doctrinal guidance across the full range of human intelligence collection operations.

"FM 2-22.3 is an important part of the Army's commitment to improve human intelligence operations, including interrogation operations. It broadens the functions and capabilities of our HUMINT Soldiers and incorporates lessons learned into our doctrine," said Lt. Gen. John F. Kimmons, the Army's Deputy Chief of Staff for Intelligence. "This FM represents the result of a very extensive coordination process throughout the Department of Defense involving our most senior leaders and combatant commanders."

The new manual clarifies military intelligence and military police roles and responsibilities; specifies requirements for non-DoD access to detainees under DoD control; specifies that commanders are responsible and accountable for compliance with provisions of FM 2-22.3 and for ensuring humane detainee treatment; and notes that all military personnel are responsible and accountable for immediately reporting suspected detainee abuse.

The new manual, in accordance with Geneva Conventions, explicitly prohibits torture and cruel, inhuman and degrading treatment, and is in complete compliance with the Detainee Treatment Act of 2005.



Photo by Michael J. Pach

Retirement farewell

Maj. Gen. Robert W. Mixon Jr., Division West First U.S. Army and Fort Carson commanding general, pins a medal on Staff Sgt. Bryan R. Moore at the August retirement ceremony. Ten retirees were honored for service to the country.

Army Sustainment Command to take on CONUS materiel management mission

by **Beth E. Musselman-Clemons**

Army Materiel Command

Army Materiel Command's new major subordinate command, Army Sustainment Command, will stand up Sept. 22 — and with it comes several new missions to support the warfighter.

One of the new missions, materiel management, is a phase of military logistics which includes managing, cataloging, disposal, procurement, distribution, overhaul and determining requirements of materiel. This mission is done at many different levels of AMC; however, under ASC the efforts will be streamlined and focused on the warfighting units.

"Materiel management tasks that were previously conducted by materiel management centers under the former Army logistics structure will now be executed by ASC," according to Lt. Col. Dennis M. Thompson, director, Distribution Management Center, Rock Island Arsenal, Ill.

ASC, working in close coordination with AMC's Life Cycle Management Commands, will be the Army's single materiel manager for units stationed in the continental United States until they deploy. According to Thompson, ASC will conduct centralized materiel management through the Distribution Management Center, part of the upcoming ASC.

According to AMC officials, the transition of Army Field Support Command to ASC allows CONUS-based forces to be supported by a Theater Sustainment Command — equivalent logistics command that can leverage AMC's LCMCs, the national sustainment base and the capabilities of strategic partners.

"Through the operational lines of materiel

readiness, integration, supply, and mobility we will reduce the workload from the field and provide the warfighter with near-real-time readiness posture, and anticipate and avoid problems," said Thompson.

Working with the Logistics Support Activity, ASC aims to improve logistics situational awareness by providing automation tools such as the Logistics Information Warehouse. The LIW will provide logisticians with a clear picture of where supplies are located or en route within the distribution pipeline.

"We will support our Army Field Support Brigade and Logistics Support Element commanders in the field as they work with the units to assist them in the Army Force Generation process. Centralized materiel management from Rock Island will use common logistics information systems and will eventually allow us to draw down our costs in the field," said Thompson.

As part of the revamped command, ASC will work in coordination with U.S. Army Forces Command to recommend major end items for CONUS forces to Army Deputy Chief of Staff for Operations. In addition, Installation Management Agency will partner with ASC to lead the reset and regeneration process for redeploying units.

While ASC will not officially standup until late September, Soldiers may already see the efforts of the new command. With the deactivation of Corps Support Commands and Division Support Commands, Army units were facing a gap in support while waiting for the ASC to achieve full operating capability. To counter

this, AFSC began deploying initial capability teams in mid-July at every corps and division to provide a bridge during the transition from AFSC to ASC.

According to Thompson, the new materiel management mission will provide a better system for the warfighter, ultimately enhancing his abilities and readiness, a vital effect during the Global War on Terrorism.

"ASC's assumption of the materiel management mission in the continental United States will allow the warfighter to better focus on their core competencies. ASC presence throughout the world will enable the warfighter by providing enhanced readiness," said Thompson.



Courtesy of U.S. Army

COMMUNITY

Deployment group helps kids cope

Story and photos by Rebecca E. Tonn
Mountaineer staff

Breanna, 13 months, refused to walk until her father returned from Germany in June of 1999. She took her first steps to him. [We absolutely knew I was daddy's little girl,] said Breanna, now 8, whose father, Matthew, a staff sergeant with 1-68th Combined Arms Battalion, is on his third deployment [this time to Iraq. Breanna has attended two Elementary Age Deployment Groups, conducted by Evans Army Community Hospital's Social Work Services, and she said they have helped her cope with her feelings. [Breanna was angry and sad when he (her dad) left,] said her mom, Amber.

Doug Lehman has worked at Evans Army Community Hospital since 2001. He wishes more parents would avail themselves of the Deployment Group offered at Evans for children and families. [Kids know a lot about the world and how it affects them. Kids are anxious, sad and mad, and

it's very difficult to convince them that their parent is going to be safe. But, familiarity breeds safety,] Lehman said.

It is helpful if parents get books about Iraq and Afghanistan with pictures of children in school, or a train going through town or donkeys pulling a cart, or something similar, to familiarize them with the normal aspects of these countries (or wherever the parent is deployed), to lessen their fears. [Tell them that in Iraq they have camel spiders, hawks, sheep and donkeys,] Lehman said. He advises dads and moms to talk about mundane things in e-mails, to promote a child's sense of normalcy about their parent's deployment.

[I cannot emphasize enough how helpful Doug's group is.] If the parents support their children. [It's a safe and productive way for children to work through this (deployment),] Amber

said. Details discussed in group sessions are age-appropriate for participants. The idea being to get out the emotion and not focus on what could be happening in Iraq or elsewhere, she said.

[Children need support] wherever they can get it, to reassure them that it is OK to feel how they feel. It is normal,] said Amber. Deployment of a parent really affects a child's self-esteem, [as you can see from Breanna's drawings,] she said. Breanna's two life-size, crayon self-portraits [from the beginning of each curriculum] show what a difference this group can make in a child's life.

Her first drawing is chaotic and has only one positive word; her second is lively and happy, with only one negative word. [It shows what we feel in which part of our body,] explained Breanna.

The 12-week curriculum begins with check in, and the children participate in an activity such as making collages, doing a word search, drawing pictures or playing [Feelings Twister].

[We always have a content piece, along with an activity] and the snacks are good,] Lehman said, with a smile. The program is treatment-based, preventive and educational. Since its inception, 138 children have been through the curriculum, which has a ratio of approximately six children to one instructor.

His group tries to re-establish a connection between child and parent, Amber explained. The children look at maps to see where their

fathers or mothers are deployed, and they bring photos to the group and tell stories about what they've done with their parents. When Breanna was little, she went with her father when he played golf, but she wanted to be able to hit balls like him, so, eventually, he bought her a junior set of golf clubs. [She took lessons this summer, so when he comes home, they'll actually be able to play real golf on the course, together,] Amber said.

[We try to keep as much of the news out of our house as possible. Younger kids do not



Breanna hugs her dog, Lou. "We went to the dog pound and searched and searched for a dog that both of us liked — that you couldn't find anywhere ... cute, and had to be small and good with kids," Breanna said.

have the capacity to see the news and realize it's not necessarily happening to their dad,] Amber said. [My husband has been gone for half of Breanna's life] for deployment, training or school. That is an incredibly long period of time for a child.

[Children, regardless of how old they are, know more than we think they know, and if they can't ask questions and get honest answers] that's not to say [graphical] ones] then they will be even more confused and frightened,] Amber said.

A 9-year-old girl in one of Lehman's groups helps her mom deliver the Mountaineer each week. Even first and second graders can read headlines. [The children who walk in my office don't understand that their mom or dad can have something wrong with them and get treated for it,] Lehman said. He tells them that there are hospitals in Iraq to treat their mommies or daddies, and he brings in Soldiers to demonstrate an Army flashlight, with exchangeable lenses, or a rucksack with its compartments, to show how the Army keeps Soldiers safe.

Parents are not allowed in group, because children may feel restricted when a parent is around, Amber explained. In the group, children focus on bringing out their feelings in a creative way, so they can address their feelings of alienation, self-esteem, anger [a huge gamut of emotions, Amber said.

Lehman's advice for parents, before and during deployment, is to use media resources, such as Operation Story Time, Child and Youth Services, and have deploying parents read a book and record it, so their child can follow



Doug Lehman plays "Candyland" in his office with siblings Emmory, 2, and Connor Morris, 7. Lehman has a master's in social work, is a Licensed Clinical Social Worker and is a certified drug and alcohol abuse counselor.

Community briefs

Miscellaneous

Military Convocation Choir ▮ The Military Convocation Choir hosts a workshop Sept. 18-22 at 7 p.m. daily. A concert will follow on Sept. 23 at 6 p.m. The workshop begins at Peterson Air Force Base Chapel, Sept. 18-20, and continues at Prussman Chapel at Fort Carson, Sept. 21-22.

The concert will be held at Prussman Chapel. The workshop is open to all. For information call Zina Parker at 440-9870.

EFMP Back to School Bowling Night ▮ The Exceptional Family Member Program will host a back to school bowling event Sept. 18 from 5:30-8 p.m. at Thunder Alley Bowling Center, located next to the Mini Mall. Cost is \$1.25 per game and \$1.25 for shoe rental. Army Community Service, in partnership with the Directorate of Morale, Welfare and Recreation, offers this event to EFMP registered families. Space is limited so register by calling 526-4590 or e-mail

Robert.Hamilton@carson.army.mil or Annette.Hawthorne@carson.army.mil.

Registration deadline is Wednesday.

Family Day ▮ A Day to Eat Dinner with Your Children! ▮ is held the fourth Monday of September each year. The Department of Defense Education Activity, the Defense Commissary Agency and other military affiliated organizations are partnering to support the event. Military families can register to win a trip to New York for a healthy dinner prepared by renowned Food Channel Chef Sandra Lee. The contest will be conducted online through Sept. 30. Access the link via the commissary Web site at www.commissaries.com. Commissary customers can find contest information at stores.

Sewing/quilting opportunity ▮ Learn to sew or share your quilting experience the first, third and fourth Wednesday of each month from 9 a.m.-noon at Colorado Springs First Baptist Church. Free babysitting and lunch are provided. Call 578-0746 or 598-0993 for more information.

2nd BCT, 4th ID Soldiers and families ▮ A town hall meeting for Soldiers and families of 2nd Brigade Combat Team, 4th Infantry Division

(forward), will be held at McMahon Theater Wednesday from 7-9 p.m. Discussions will include the future of the unit at Fort Carson, services available on the Mountain Post and a chaplain's introduction. Speakers will be followed by a question and answer session.

Road closures ▮ Portions of Specker Avenue and Titus Boulevard will be closed until April. Questions about the closure or disruption of traffic along Butts Road can be addressed to Fort Carson's Directorate of Public Works Traffic Engineer, Rick Orphan at 526-9267, or Fort Carson's Army Corps of Engineers Transformation Resident Office, Maj. John Hudson at 526-4974.

ADD/ADHD Elementary Group ▮ An eight-week support group for children with Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder will meet beginning Thursday from 5:30-6:30 p.m. at Family University, bldg 1161. The program is offered by Evans Army Community Hospital, Social Work Service. Register by calling 526-4585.

Jewish High Holy Days ▮ Temple Shalom, 1523 E. Monument St., Colorado Springs, will provide active-duty military members and their families with free tickets to Jewish High Holy Day events. For a complete list of events visit the Web site at www.templeshalom.com, e-mail tshalom@qwest.net or call 634-5311. Tickets must be picked up by noon, Sept. 21.

September Volksmarches ▮ On Sept. 16, walk with thousands of Air Force members and families throughout the world as they celebrate USAF Global Volkssport XXVI. The USAF Academy and Falcon Wanderers Volksmarch Club will sponsor a walk at the Academy's Parish Recreation Area off Rampart Range Road north of Woodland Park. Start from 7:30 a.m.-1 p.m. and enjoy a five- or 10-kilometer walk. For directions or more information call Jake Eyermann at (719) 333-2940.

Fort Carson's Directorate of Morale, Welfare and Recreation and the Falcon Wanderers sponsor a walk Sept. 23 at Turkey Creek Ranch Recreation Area. The five- or 10-kilometer routes will start between 8 a.m. and noon. Leashed pets and large-wheeled strollers are welcome. The trails on dirt roads and horse trails are rated moderate. For more information call 526-0460 or 667-5662 or visit the Web site at www.angelfire.com/co4/fw.

Teen Scene ▮ Evans Army Community Hospital hosts a program for teenage mothers and moms-to-be the second Wednesday of each month in the third floor conference room. For more information call Rhonda Tulensa at 526-7030 or Carissa Sullivan at 526-7090.

AAFES hosts pet show ▮ The Fort Carson Main Post Exchange will host its semi-annual pet show Saturday from 9 a.m.-1 p.m. For more information check with the PX.

Mark your calendar ▮ Fort Carson's fifth annual Community Sustainability Conference and Exposition will be held Nov. 8-9. The topic is Gaining Irreversible Momentum for Regional Sustainability. An ice breaker will be held Nov. 8, and the conference will be held Nov. 9.

For more information visit the Web site at <http://sems.carson.army.mil>. Register for the conference on the Web site beginning in early September.

Prevention of hantavirus urged ▮ The recent death of a man camping in El Paso county is a reminder of the threat hantavirus poses to the region's residents. Hantavirus is a serious viral illness caused when people breathe in the dried urine, feces or saliva of infected deer mice.

Deer mice and hantavirus are common in El Paso county. Some steps to avoid coming into contact with the virus include:

▮ Rodent-proof homes and buildings to keep mice out.


▮ Eliminate rodent food supplies and hiding places.

▮ When cleaning rodent-infested structures use special precautions such as airing out rodent-infested buildings or areas at least 30 minutes before cleaning.

▮ Do not sweep or dry vacuum rodent contaminated surfaces.

▮ Use a solution of household bleach (one cup per gallon of water) to disinfect area. Wear

Army Community Service
 Family Readiness Center, Bldg 1526
 TEL: (719) 526-4590



EFMP Back to School

Bowling

Monday, 18 September

5:30 P.M. to 8:00 P.M.

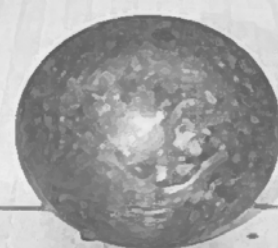
Thunder Alley Night

(Next to the Mini Mall)

Army Community Service in partnership with the Directorate of Morale, Welfare and Recreation (DMWR) are offering this EFMP Bowling Night.

\$1.50 per game
\$1.25 for shoe rental

If your family is registered in the EFMP and you would like to participate, please contact ACS EFMP Lanes are limited. For more information or to register, call (719) 526-4590. Registration deadline is Wednesday, 13 September.



disposable gloves and mask when cleaning.

▮ When camping or sleeping outdoors, avoid sleeping near rodent droppings or burrows. Sleep in tents with floors, above ground or on a ground cloth.

For more information visit the Web site at www.elpasocountyhealth.org or call 578-3199.

Hypertension class ▮ Do you have high blood pressure? Do you want to lower your risk of heart disease? A hypertension class is presented every other Thursday from 10:30 a.m.-12:30 p.m. in the Mountain Post Wellness Center, bldg 1526. To register or for more information call 526-7022. The class is presented by Disease Management and Nutrition Care.

Post Traumatic Stress help ▮ (ILZ Calvary) is a small group Bible study and support group for veterans experiencing the effects of post traumatic stress disorder. Join a group of veterans who are experienced in combat-related problems and who have successfully dealt with the memories and effects of combat as we work through PTSD-related problems through the study of God's word, fellowship and group discussion. Meetings are held Mondays at 10 a.m. at Grace Brethren Church, 2975 Jet Wing Dr. Call Robert P. Schaffer at 390-8096 or 510-6009.

Alcoholics Anonymous ▮ Alcoholics Anonymous meetings are held at the Colorado Inn, bldg 7301, room 203, at 7 p.m. Wednesdays. For more information call 322-9766 or 471-1625.

West Nile Virus precautions ▮ Post residents should eliminate mosquito breeding sites on post.

Utilities

From Page 1

Hull also explained that the baseline changes from month to month due to seasonal fluctuations in energy costs and usage. He also said that for Soldiers that have just moved into their homes, their baseline is based upon the energy usage of previous tenants.

Following the one year mock billing period that recently concluded, Soldiers should expect to see their first real bills by the middle of October. If the balance is \$15 above of the baseline, Soldiers will owe money, and if the balance is \$15 below the baseline, Soldiers will receive refunds.

Statistics from the mock billing period show that Fort Carson residents did not change their energy consumption habits but information from posts where actual billing is currently in place shows that about half the families owed money and half received refunds.

If you have questions about your bill, call the 800 number on the statement to reach Energy Billing Systems' customer service center.

Questions regarding the RCI policy can be directed to the GHH Housing Office. Call 226-2268 or visit the Web site at www.fort-carsonfamilyhousing.com. The GHH office has a copy of the policy available for review and also has information about housing unit categories.

"We, as Soldiers, have an opportunity to lead our nation and show that we are good stewards of the environment," Bolden said. "We're fighting the Global War on Terrorism overseas, why not set a good example by saving our nation's energy?"

Record numbers benefit from TRICARE Mail Order Pharmacy

TRICARE

FALLS CHURCH, Va. — More beneficiaries than ever are saving money and time by using the TRICARE Mail Order Pharmacy. Defense leaders see the trend toward mail order pharmacy use as a vital component in their efforts to control rising health care costs.

This success indicates that by partnering with beneficiary organizations we have been able to get the word out about this safe, easy and cost-effective option for getting medications," said Army Maj. Gen. Elder Granger, deputy director, TRICARE Management Activity.

Taking advantage of this important benefit lets our beneficiaries save themselves money and helps TRICARE reduce expenses.

The number of mail order prescriptions delivered to

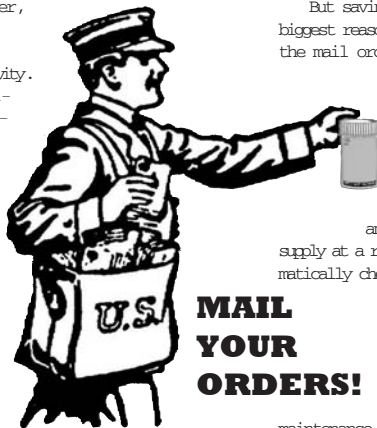
beneficiaries in July exceeded June's total, moving mail-order prescriptions to 7.4 percent of the total number of prescriptions that TRICARE fills, the highest level in two years. During this same time period the number of prescriptions filled at military treatment facilities and those filled at retail locations dropped. Defense leaders are optimistic that they can increase mail order use to 10 percent by the end of the year. The Congressional Budget Office estimates that the Department of Defense will save \$1.5 billion from 2007-2016 by transferring prescriptions from retail pharmacies to the TRICARE mail-order program.

But savings for beneficiaries may be the biggest reason for the increasing popularity of the mail order pharmacy. Beneficiaries may save as much as 66

percent on maintenance medications for conditions such as high blood pressure, asthma or diabetes. The beneficiary receives up to a 90-day supply of most medications for the same

amount they would pay for a 30-day supply at a retail pharmacy. Pharmacists automatically check prescriptions against the beneficiary's medication history to guard against harmful drug interactions, and users don't have to make a trip to the drug store.

Mail-order service is useful for maintenance medications that beneficiaries use



**MAIL
YOUR
ORDERS!**

Kids group

From Page 11

along with the video or audio tape, after the deployment. Parents can film daily routines with their children and take pictures together and frame them. Tapes, CDs and DVDs are all very helpful in keeping kids connected, Lehman said. Letters are also important.

Developmentally, letters are better for kids, so they can practice their handwriting. Parents and kids

should write regularly and send pictures, Lehman said.

Daddy's been feeding me peanut butter cups since I was little. I also got a locket from him. His from Tiffany's, Breanna's face changed from happy to wistful to sad, as she reminisced about her father. Some of his guys and him were working (in Germany), and a boar charged after them, and they had to climb up a tree, she said, as she hugged her dog, Lou. He's

half Lab and half beagle. He's 24 in dog years, she explained. When dad comes home, me, my mom, my whole entire family and Lou if we can find a hotel that will take him are going to Hawaii, Breanna said.

Lehman emphasizes the importance of preplanning holidays and birthdays so kids receive cards and gifts from their deployed parent. If a family decorates a tree each Christmas or carves pumpkins for Halloween, then it is essential to continue the tradition, Lehman said.

A lot of behavioral issues are actually normal reactions to abnormal situations. We are seeing an increase in aggressive behavior. Parents are worried. I tell them they are not bad parents, Lehman said. But, if they start limiting going out in public because their kids act out, they only isolate themselves further, Lehman said.

Deployment is a grieving process. You lose interaction with the family member, Amber explained. The military as a whole is improving, but it does not adequately prepare families for redeployment. What people do not realize is that coming home is the most difficult



Breanna shows her before- and after-self-portraits from deployment group.

Curriculum and Resources

Deployment Group Curriculum

- Session 1: Introduction and check in
- Session 2: Tell us about your deployed parent
- Session 3: Stress
- Session 4: Depression
- Session 5: Fear
- Session 6: Anger
- Session 7: Growing up in a military family.
- Session 8: What changes when dad/mom is deployed?
- Session 9: Corresponding with deployed parent
- Session 10: Self-awareness/ Self-expression
- Session 11: Celebration of being an Army brat
- Session 12: Wrap up

Books and Resources:

- "Daddy's In Iraq But I Want Him Back," written and illustrated by Carmen R. Hoyt
- "My Mommy is a Soldier," by Patricia Richardson
- "Talk, listen, connect" kit: "Helping Families During Military Deployment": A Sesame Street DVD, A Parent/Caregiver Magazine, A children's activity poster
- "Helping Your Kids Connect" magazine:
www.fambooks.com/kids.htm
- www.deploymentkids.com This site has certificates to download for kids. "Kids are heroes too."
- www.survivingdeployment.com
- www.militaryonesource.com

phase of deployment. The person they knew is different, and they

Most important commandments include relationships

**Commentary by Chap.
(Capt.) Paul Fritts**

1-6th U.S. Cavalry

As you read this, pause for just a moment and consider the various relationships that intersect your life. Consider everyone you can think of from your family, friends, and co-workers to the grocery clerk, bank teller and the strangers in line with you at the post office.

It's amazing to think of the number of lives we touch on a daily basis. With so many relationships at stake, ranging from that stranger you pass once and will never see again to a husband, wife or child, doesn't it make sense to invest a little time in learning to do something well that is so pervasive in our lives?

We have all benefited from a little instruction in how to drive a car or use a computer. Likewise, we can all benefit from a little instruction in how to improve our relationships.

In fact, Jesus thought relationships were so important, He placed them at the top of his list of Most Important Commandments. I like the way Eugene Peterson paraphrases Matthew 22:34-40 in *The Message*:

When the Pharisees heard how he had bested the Sadducees, they gathered their forces for an assault. One of their religion scholars spoke for them, posing a question

they hoped would show him up: "Teacher, which command in God's Law is the most important?"

Jesus said, "Love the Lord your God with all your passion and prayer and intelligence." This is the most important, the first on any list. But there is a second to set alongside it: "Love others as well as you love yourself." These two commands are pegs; everything in God's Law and the Prophets hangs from them.

What is the most important command in God's Law? It isn't, "Go to chapel every Sunday." It is, "Try to be a good person."

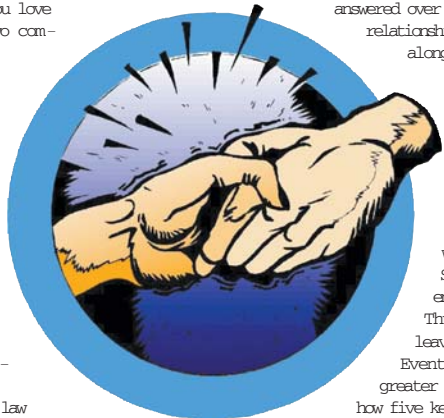
The most important command in God's law has to do with relationships: love God and love others. Bear in mind that loving God and loving others isn't just a good idea or a recommended course of action. It is a commandment to be received with the same (or greater) seriousness as

an order from our military commanders. Bottom line: if relationships are this important to Jesus, our relationships should be just as important to us.

Which begs the question, how do we love God and love others as we love ourselves? That question must be answered over a lifetime of relationships. To help you along your way is an outstanding opportunity to learn how to improve all your relationships by attending the Promised seminar with Dr. Gary Smalley. By the end of the day Thursday, you will leave the Special Events Center with a greater understanding of how five key building blocks determine the

destiny of your relationships. Tickets are free. The seminar runs from 9 a.m.-4 p.m.

A catered lunch by Elkhorn Conference Center is free. Child care is free, but limited. See your unit chaplain or call 526-5890. A



Chapel

New Protestant Communion service ☐
The new Protestant Communion service, previously held at Prussman Chapel at 8 a.m. Sundays, has combined with the Protestant service at Provider Chapel at 9 a.m. This service will conduct a weekly communion service consistent with various liturgical traditions.

PWOC fall studies planned ☐ Protestant Women of the Chapel meets Tuesdays from 9-11:30 a.m. at Soldiers Memorial Chapel. Child care is provided free at the hourly day care center. Children must be registered with Child and Youth Services. Fall studies begin in September and include several selections. Contact Amy West for information on child care at 393-1390. For information on PWOC call Barb Styles at 598-0422.

Catholic religious education ☐ The Catholic Religious Education process will begin Sunday. Registration is ongoing at Soldiers Memorial Chapel.

Protestant Sunday school ☐ Where Kids Dare to Live Their Faith classes for all ages begin Sunday. Registration is in progress at Soldiers Memorial Chapel and must be completed by Sunday. This year's program is musical, energetic and fast-paced. Two adult Bible studies are also being offered.

AWANA ☐ AWANA teaches children that God is real and that He loves them. AWANA clubs give children clear guidance in a world full of

Chapel Schedule

ROMAN CATHOLIC

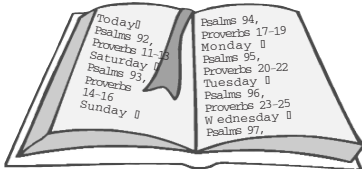
Day	Time	Service	Chapel	Location	Contact Person
Mon., Wed., Fri.	noon	Mass	Healer	Evans Army Hospital	Rt. Gagliardo/526-7412
Tues., Thurs.	noon	Mass	Soldiers	Nelson & Martinez	Chap. Goellen/526-
5769					
Saturday	5 p.m.	Mass	Soldiers	Nelson & Martinez	Chap. Goellen/526-
5769					
Sunday	9:15 a.m.	Mass	Soldiers	Nelson & Martinez	Chap. Goellen/526-
5769					
Sunday	10:30 a.m.	C.R.E.	Soldiers	Nelson & Martinez	Rt. Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Rt. Gagliardo/576-7412
Sunday	11 a.m.	Mass	Provider	Barkeley & Ellis	Chap. Goellen/526-
5769					
Tuesday	7 p.m.	RCIA	Soldiers	Nelson & Martinez	Rt. Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers	Nelson & Martinez	Chap. Goellen/526-
5769					

PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Cartee/526-7387
Sunday	9 a.m.	Protestant Communion	Provider	Provider	Barkeley & Ellis Chap.
Mitchell/650-8042					
Sunday	11 a.m.	Protestant	Soldiers	Nelson & Martinez	Chap. Deggmeir/526-
8011					
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Soldiers	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers	Nelson & Martinez	Chap. Deggmeir/526-
8011					
Sunday	11 a.m.	Contemporary	Veterans	Magrath & Tius	Chap. Zust/526-8890
Tuesday	7 p.m.	PYOC	Soldiers	Nelson & Martinez	Ms. Scheck/231-9511
Sunday	9 a.m.	Samoa	Veterans	Tius	Chap. Pies/526-3888

JEWSH

Daily Bible readings: To assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary, which is designed to present the entire Bible over a



The Army Cycle of Prayer — Please pray this week for the following:

Unit: For the Soldiers and leaders of the U.S. Army Reserve's 87th Division (Training Support), located in Birmingham, Ala.

Army: For Lt. Gen. Carl A. Strock, chief of engineers and commander of the Army Corps of Engineers, and the military personnel and civilian staff who work in the Office of the Chief of Engineers.

State: For the Soldiers and families from the state of Maine. Pray also for Gov. John Baldacci, the state legislators and

local officials of the Pine Tree State.

Nation: For the United States Trade Representative, Susan Schwab. Pray for the mission of this agency to implement world trade policy, create new business opportunities for American businesses, workers and agricultural producers.

Religious: For all those who thirst for knowledge and seek the truth. May they be filled.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com

Patriot Day 2006

by Douglas M. Rule
Public Affairs Office

Monday is Patriot Day. It is a day set aside by the U.S. Congress in Public Law 107-89 to remember those who were killed or injured in the attacks on the Pentagon and the World Trade Center and those who died in the crash of United Airlines Flight 93 on Sept. 11, 2001.

On that day, 2,749 people died as a result of the attacks on the World Trade Center and as many as 6,291 were injured or treated in local hospitals; this total includes the 400 rescue workers who were killed when the twin towers collapsed.

On that day, 188 people, including the hijackers, died in the attack on the Pentagon and an additional 76 were injured. Forty-four people died, plus the four hijackers, when flight 93 crashed; the total could have

been much higher if not for the bravery of those who managed to divert the flight from its original destination, probably Washington, D.C., and the plane crashed in a reclaimed strip mine outside Shanksville, Somerset County, Pa. Thousands of others were affected directly as relatives and friends were among the killed and injured.

The entire nation was affected by these attacks. In fact, the entire world was affected.

Each year Americans are asked to observe a moment of silence at 8:46 a.m. Eastern Daylight Time to remember these victims. On this fifth anniversary of the attacks, Americans should also take this opportunity to remember those who have died or been injured in the continuing fight on the Global War on Terrorism. Fort Carson will hold a ceremony Monday at 5 p.m. at the Headquarters bldg by the flagpole.

Remembering 9/11



Photo courtesy of U.S. Army



Photo courtesy of U.S. Army



Photo courtesy of N.E. Region, U.S. Army Corps of Engineers



Photo by Joe Burtas, U.S. Army



Photo courtesy of U.S. Customs and Border Protection



Photo courtesy of N.E. Region, U.S. Army Corps of Engineers



Photo courtesy of U.S. Customs and Border Protection



Photo by Petty Officer 2nd Class Mike Hvozda, U.S. Coast Guard



Photo courtesy of U.S. Customs and Border Protection



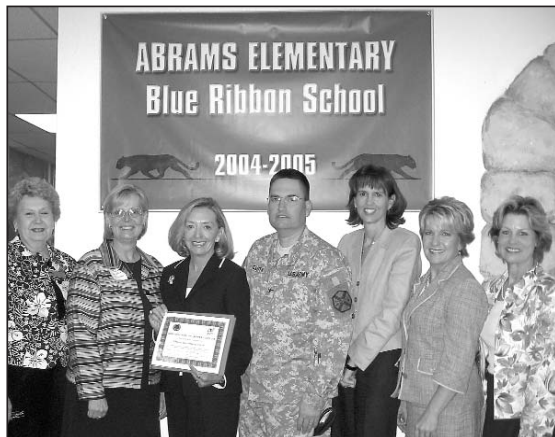
Photo courtesy of N.E. Region, U.S. Army Corps of Engineers



Photo courtesy of N.E. Region, U.S. Army Corps of Engineers



Photo courtesy of N.E. Region, U.S. Army Corps of Engineers



Courtesy photo

Top-notch school

Representatives from the U.S. Department of Education visit Abrams Elementary School Aug. 29. The Department named Abrams a Blue Ribbon School during the 2004-2005 school year. This award is given only to schools that show exemplary success under the No Child Left Behind Act of 2001. Department of Education representatives requested a visit to Abrams Elementary School to familiarize themselves with initiatives Fountain-Fort Carson School District Eight administrators and staff have implemented to increase student achievement. From left, Sue Freeburg, Janet Liddle, Patricia Chlouber, Col. Eugene Smith (Fort Carson's garrison commander), Wendy Evans, Peggy Littlejohn and Debbie Pierre.

Army special agents issue warning concerning 'Nigerian Scam'

U.S. Army Criminal Investigation Command

FORT BELVOIR, Va. □ The U.S. Army Criminal Investigation Command released an advisory Sept. 5 warning Soldiers and family members of a so-called Nigerian Fraud Scam or advanced fee fraud, using unsolicited faxes, electronic-mail or letters. The advisory also warns of the criminal implications for Army personnel who actively facilitate the scheme.

The Nigerian Scam starts with someone from Nigeria, or another country, making unsolicited contact with unsuspecting victims requesting their help in disposing of gold or money recovered in Iraq, or oil revenues from Nigeria or Russia, or lottery winnings from some overseas location. Other contacts request help to negotiate U.S. Postal Money Orders or Traveler's Checks that later turn out to be forgeries or counterfeit. The perpetrator uses false names or steals another person's identity and fraudulently uses that identity.

In most instances, if victims respond to the proposals they are

asked to do something to show good faith with the person who sent

the original mail. In the case of money orders and traveler's checks, the person is asked to negotiate the checks, told to keep a percentage of the funds for themselves, and to send the remaining money to a Nigerian address.

In the case of gold or money dispositions, the victim is sometimes asked for personal identification, to include bank account numbers, or as the scam progresses, the victim is asked to send money to pay for unexpected fees (hence the name, advance fee fraud) that are needed to bribe an official or free up a process so that the gold or money can be transferred.

Soldiers and civilians who knowingly participate in the negotiation of fraudulent money orders or travel checks in furtherance of fraud schemes are subject to Title 18 of the U.S. Code, Section 1343, Fraud by Wire, Radio or

U.S. Army Soldier Show accepting applications for 2007 auditions

Story and photo by Tim Hipps

Army News Service

ALEXANDRIA, Va. □ Soldier-entertainers have until Dec. 31 to apply for an audition for the 2007 U.S. Army Soldier Show. Audio, video, lighting, costume and stage technicians also are needed.

Active-duty and Reserve-component Soldiers are eligible to participate in the song-and-dance extravaganza that provides entertainment for the Soldier, by the Soldier during

Active-duty and Reserve-component Soldiers have until Dec. 31 to apply for an audition for the 2007 U.S. Army Soldier Show. Audio, video, lighting, costume and stage technicians also are needed for the song-and-dance extravaganza that provides "entertainment for the Soldier, by the Soldier" during a six-month tour of Army installations.

a six-month tour of Army installations.

Submission packets must include:

□ A 10-minute DVD or VHS tape demonstrating your talent;

□ A copy of the results of your most recent Army Physical Fitness Test, including height and weight;

□ A copy of your updated enlisted or officer record brief;

□ An entertainment resume;

□ A Department of the Army photo or similar photo in uniform; and

□ A letter of intent to release from your chain of command.

The letter of intent to release must state that if you are selected to become a cast or crew member for the U.S. Army Soldier Show that your unit agrees to release you for a temporary duty assignment to Army Entertainment Division for the duration of the tour, which usually runs early

March through late November. It must be signed by your company commander.

The audition DVD or VHS should include at least two different styles of vocal performance, along with other talents you possess, such as dance or the ability to play musical instruments.

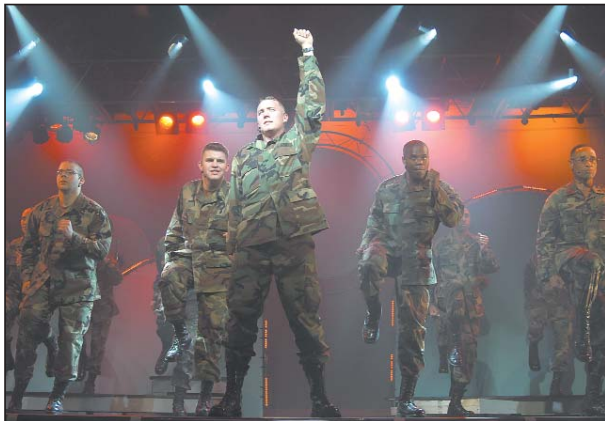
Be mindful that the Soldier Show is a family-oriented production.

Nomination packets should be mailed to U.S. Army Soldier Show, Attention: 2007 Selection Committee, P.O. Box 439, Fort Belvoir, VA, 22060. Express courier deliveries should be sent to

U.S. Army Show, Attention: 2007 Selection Committee, 6091 Sharon Lane, Building 1434, Fort Belvoir, VA, 22060.

Army entertainment officials urge applicants to attend a Soldier Show and discuss auditions with folks familiar with the process.

This year's performance schedule and more information are available at www.armyentertainment.net. Specific questions e-mailed to



Post slates dust control for priority roads

Directorate of Environmental Compliance and Management

Fort Carson has state and county requirements to control dust on unpaved roads. To help prevent dust travelling off the installation and to minimize air pollution issues in surrounding communities, Fort Carson will apply dust suppressant during the week of Sept. 18.

Magnesium chloride, an environmentally-friendly chemical, will be sprayed on the majority of unpaved roads in the cantonment area and on some of the more heavily trafficked unpaved roads and tank trails down range that closely parallel the installation's western and eastern boundaries. Unfortunately, not every unpaved road will receive dust suppression application, due to costs and other considerations.

Therefore, best management practices such as complying with the 20 mph speed limit on unpaved roads and tank trails can help Fort Carson minimize dust emissions and stay in

compliance with air regulations.

Fort Carson has been using magnesium chloride to stabilize soil since 1996. It attracts moisture to provide maximum control of dust. Each year previously treated roads must be re-treated with magnesium chloride and as the roads are re-treated dust control improves.

When the magnesium chloride spray is applied correctly, it does not cause harm to human health or the environment.

Magnesium chloride is not irritating to the skin and is less toxic than many household items commonly stored and used today such as baking soda, caffeine and common table salt. It is a naturally-occurring element and is extracted from salt water solutions, such as those found in sea water.

If possible, drivers should avoid freshly sprayed areas until they have dried to prevent carrying mud off the roads and getting the chemical on vehicles, which should be removed with water because it can be corrosive if allowed to build up for an extended period of time.

Scam

From Page 22

Television. The title states that individuals who devise schemes to defraud, obtain money or property under false pretenses, representations or promises will be fined or imprisoned for not more than 20 years, or both.

Violators that affect financial institutions can be imprisoned not more than 30 years, fined not more than \$1 million, or both.

According to CID Special Agents, electronic-mail fraud provides unique challenges for law enforcement personnel, Soldiers, Army civilians and family members. Criminals can mask their identities, locations and cover their tracks quickly.

Web sites can easily be established and removed in very little time, allowing

scam artists to strike quickly and disappear even faster.

CID officials remind individuals not to provide their personal identification, bank account numbers or other financial information to an unsolicited request. The unknown source could use the information to the financial harm of the victim.

Never travel to foreign locations to meet with the individuals conducting these schemes for any reason. Victims have often been robbed, kidnapped or even killed, when lured to other countries.

The United States Secret Service and the United States Postal Service are primary U.S. law enforcement agencies in dealing with these types of scams.

U.S. citizens or residents who have not suffered a financial loss and want to report a scam may

GOOD FOR WHAT AILS YE

2006 FALL FEST

TRAVELING Medicine Show

TURKEY CREEK RANCH

23rd of September
10 a.m. til 4 p.m.

Hay Rides

Juggling

Target Shooting

Traveling Human Circus

Food & Beverages

Illusionist

Palm Reading

Kids' Crafts

Pony Rides

Music Show

Magic Show

For more information: 526-4494

FREE ADMISSION - nominal charge for some activities

IN CELEBRATION OF
Hispanic Heritage Month

EO and DMWR proudly present

live in concert

Nuestra Familia

respetando Respecting
honrando Honoring
trabajando juntos Working Together
aprendiendo Learning
escuchando Listening
construyendo un puente Bridging

creciendo Growing
compartiendo Sharing
cuidando Caring

FREE

Friday, 15 September, 7:00 p.m.

Fort Carson Special Events Center (Building 1829)

For information: 526-3385 or 526-4494.

CRIPPLE CREEK

GETAWAY TRIP

September 23rd

\$10 adult, \$8 child
(adults 13 yrs. and older, children 12 yrs. and under)

Bus departs at 8am from ODR

For information: 526-5366

WE ARE GOING TO BRECKENRIDGE FOR oktoberfest

Saturday, September 16th

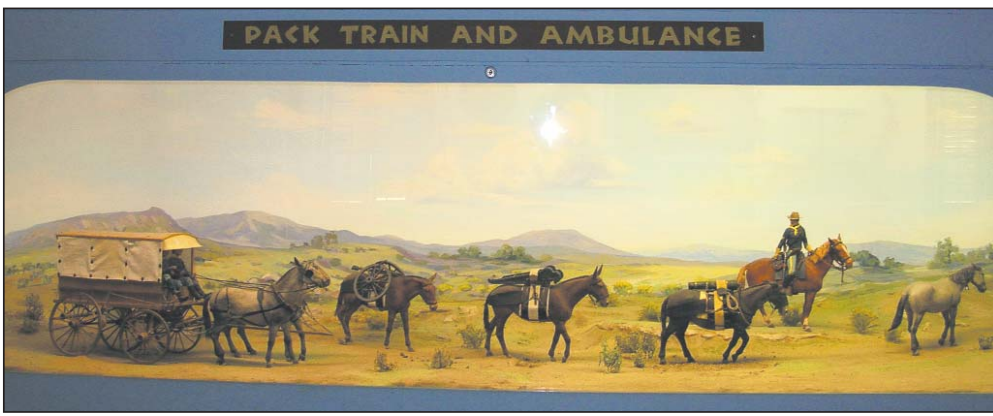
8am - 8pm

Adults \$10, 12 and under, \$8

Event admission is FREE (cost covers transportation)

Bus leaves from ODR, for more information: 526-5366

www.gobreck.com



A diorama exhibit in the Fort Garland Museum depicts the U.S. Army performing its mission in the settlement of the West.

Visitors see how Soldiers lived at this 1850s restored Army post ...

Story and photos
by Nel Lampe
Mountaineer staff

Fort Garland

Soldiers stationed in Colorado in the 1850s didn't have computers or fax machines. The best they could muster might have been a field desk with folding legs. Visitors to Fort Garland, a restored Army post, get the chance to see how Soldiers lived while serving on the Western frontier.

Fort Garland is in the town by the same name, about 25 miles from Alamosa and the same distance from the Great Sand Dunes National Park.

The post was constructed of adobe, a mixture of mud and straw, and named for Brevet Brig. Gen. John Garland, who commanded the Department of New Mexico. This fort replaced Fort Massachusetts six miles north that was affected by extremely severe winter weather.

The buildings at Fort Garland

surround the parade ground in a rectangular, plaza style. The ceiling is made of timbers and the floors are wide planks. No wall surrounded the fort and no battles were ever fought there.

The fort housed 100-man companies with the mission of providing protection for settlers. In 1879 the fort was expanded and the mission included quelling American Indian uprisings in the area.

Fort Garland Soldiers were also involved in Civil War battles against southern forces near Santa Fe.

Following the Civil War, several volunteer regiments were assigned to Fort Garland.

Christopher [Kit] Carson was appointed commander of Fort Garland in 1866. At the time, Maj.

Gen. John Pope stated that Fort Garland was the most important post on the Ute frontier.

Carson had gained a sterling reputation while earning his living as a hunter, frontiersman, explorer and Army scout. He had not served in the military until 1861. Carson became a colonel of the First New Mexico Volunteer Regiment at the beginning of the Civil War. Carson was promoted to general of volunteers in 1865 and later was directed to take command of Fort Garland, in present-day Colorado, in April 1866. As a brevet brigadier general, Carson served as the fort's commandant for about a year. During that time he kept the valley peaceful by

See **Fort Garland** on Page 30



Fort Garland flew the U.S. flag from a crow's nest flag pole, which has been restored.



A mountain howitzer is displayed in front of several exhibits in the old infantry barracks.

Happy 100th



Places to see in the Pikes Peak area.

Sept. 8, 2006

Fort Garland

From Page 29

working with the Ute Indians.

Carson was in ill health when he left the Army in 1867.

Later, Fort Garland became home to Ninth Cavalry Buffalo Soldiers from 1876 - 1879, who had previously served in Texas. The Buffalo Soldiers at Fort Garland had little activity until an Indian uprising. Nathan Meeker and some workers at the White River Agency were killed. The Buffalo Soldiers helped solve the conflict between settlers and the Ute Indians. The Ute Indians were later moved to Utah and the troops at Fort Garland were moved elsewhere. Fort Garland was abandoned in 1883.

The Colorado Historical Society took over the abandoned fort in 1950 and started restoration. It was almost 20 years before the restored fort was opened to the public as a museum.

The town of Fort Garland is rather small and there's plenty of parking near the fort.

A walking tour map of the fort is at the ticket counter.

Visitors walk through the gift shop to begin the tour, but it might be a better idea to shop after the end of the tour.

The gift shop has books about Kit Carson and other early West explorers as

well as books on Colorado history. There are postcards, souvenirs, cookbooks, T-shirts and hats.

Exhibits of ammunition, uniform buttons and other artifacts found during the restoration are displayed. Maps, drawings and old photographs help depict the history of the region and Fort Garland before Colorado was a state.

Fort Garland was restored to the time frame that Carson commanded it, 1866-67.

Once in the plaza, take a look at the 1873 Santa Fe Trail stagecoach, then go to the first building on the tour, where the commandant's office is located. Carson's office depicts a

meeting between the commandant and Chief Ouray, chief of the Southern Utes.

The quarters where Carson and his family resided were in the same building as his office. The rooms are furnished with artifacts and furnishings from the time period the Carsons were in residence.

Paintings and photographs of the Carson family are shown, as well as Carson's buckskin jacket.

All fort buildings open to visitors include historic exhibits.

The infantry barracks is the long building on the west end of the parade ground. The building is filled with historic dioramas which depict San Luis Valley history from American Indians to settlers to Soldiers.

The barracks building also houses a reproduction Dragoon's 1850s uniform and a mountain howitzer.

The next open building is on the south side of the parade ground. It contains displays about Buffalo Soldiers who were once stationed at Fort Garland.

Other early artifacts of the frontier-era Army are displayed, such as an 1860s white canvas Army tent, an officer's field desk, weapons, clothing, photographs and other artifacts.

The only Civil War battle to take place on Colorado soil is depicted in an exhibit in this building.

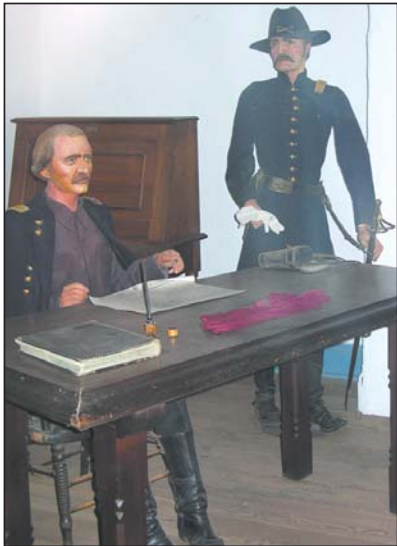
Completing the square of buildings that surround the parade field is the cavalry barracks. Historic Army wagons are displayed there, including a yellow ambulance wagon that could hold six wounded Soldiers. The wagon served double duty and was used to transport important visitors while they were at the fort.

Other conveyances include baggage wagons and wagons used by early settlers in the San Luis Valley.

A U.S. flag flew from a crow's nest flag pole at the original Fort Garland. It has been restored and the U.S. flag flies from the pole in the middle of the parade ground.

Fort Garland is the only restored U.S. Army frontier fort in Colorado, although there were other frontier forts in the state: Fort Collins, Fort Morgan, Fort Lyon and Fort Lupton.

The museum is open daily, 9 a.m. to 5 p.m., April through October. Winter hours are observed November through March.



Left: A figure depicts Brig. Gen. "Kit" Carson as the commander at his desk at Fort Garland.



Left: A reproduction 1850s' dragoon uniform is displayed in the Fort Garland Museum.



Left: Beds at Fort Garland were simple. **Below:** The adobe buildings at Fort Garland have been restored. The fort now serves as a museum.



Above: The yellow ambulance wagon was pulled by horses and used to carry up to six wounded Soldiers when necessary.

Just the Facts

- Travel time: two hours plus
- For ages: families
- Type: restored Army fort
- Fun factor: ★★★★★
(Out of 5 stars)
- Wallet damage: \$ entry
\$ = Less than

\$20 \$\$ = \$21 to

\$40 \$\$\$ = \$41 to \$60



Happenings

Get Out!

Special military days at the zoo

Cheyenne Mountain Zoo has special admission for Soldiers and families Sept. 16-17. Soldiers and families are admitted for \$2 with military identification. Cheyenne Mountain Zoo is southwest of the Broadmoor Hotel. Take Highway 115 north to Lake Avenue, go west on Lake to the Broadmoor Hotel and go right, following signs.

Academy concerts

The Air Force Academy concert season includes the Five Browns Sept. 22; [The Carlit Stop Loving You,] Oct. 13; The Lettermen's Christmas Show Dec. 1; Bill Engvall Feb. 10, [Wonderful Town] March 3 and Chip Davis and Mannheim Steamroller May 4. Contact the Academy box office at 333-4497 for information. Shows are in Arnold Hall Theater.

Rockies appreciate military

Coors Field has military appreciation days at Colorado Rockies games with the Washington Nationals through Sunday. Call

(303) ROCKIES to purchase \$6 tickets; identify yourself as an active military member or veteran and provide the reference number: 741532. There's a \$2.50 service charge and a credit card must be used. This offer is not available at Coors Field ticket windows. See the post Web site, www.carson.army.mil for more information.

Folk Art Festival

The 28th annual [Country Christmas] Folk Art Festival is at the Rock Ledge Ranch Historic Site Sept. 15-17, featuring 200 artists. Products for sale include folk art, jewelry, art, clothing, decorations, furniture and more. Food vendors are on hand and visitors may also tour the farm and historic houses. Hours are noon-6 p.m. Sept. 15; 9 a.m.-6 p.m. Sept. 16 and 10 a.m.-4 p.m. Sept. 17. Admission is \$6 for adults and \$2 for children. Rock Ledge Ranch is off 30th street, next to Garden of the Gods entrance.

Fall Fest

The annual Fall Fest is at Turkey Creek Ranch Sept. 23 from 10 a.m.-4 p.m. This year's theme is a traveling medicine show, with palm reading, magic, juggling and a traveling human circus. There'll be target shooting, hay rides and pony rides. Entry is

free, but there's a small charge for some activities. For more information call 526-4494.

Soldier Show

The Soldier Show will be in McMahon Theater Sept. 30 at 7 p.m., and Oct. 1, at 2 p.m. Entrance is free, and tickets are not required. The Soldier Show is made up of talented Soldiers who have competed for positions as performers. The Soldier Show performs at Army posts around the world.

Lynyrd Skynyrd concert

Lynyrd Skynyrd with Blackberry Smoke are in concert at the World Arena Saturday. Special military tickets at \$20 each are available at the World Arena box office with valid military identification. Box office hours are 10 a.m.-6 p.m.

Chile fest

The Chile and Frijoles fest in Pueblo is Sept. 22-24. Peppers grown in the Pueblo area will be featured at the fest, along with other foods, music, dancing and an art show in the nearby convention center. A mercado with living history presenters will be on El Pueblo museum grounds. There's free admission. The fest is in the downtown Pueblo area.



Photo by Nel Lampe

Folk art festival

For 28 years the area's largest festival takes place at Rock Ledge Ranch Historic Site. The fest is Sept. 15-17 and 200 vendors sell jewelry, art, decorations, furniture, antiques, clothing and more. The popular fest also includes food vendors. Visitors may tour the ranch. There's an entrance fee and proceeds go toward restoration. It's by the Garden of the Gods park.

Buster's Baghdad

by Maj. James D. Crabtree



SPORTS & LEISURE

Black assumes elite program reins



Col. J. C. Abney, left, deputy commander, United States Army Community and Family Support Center, takes the World Class Athlete Program flag from former commander Maj. Michael Hagen, right, prior to passing the responsibility for the command to Capt. Dominick Black, Aug. 29.

Story and photos by
Walt Johnson

Mountaineer staff

Under perfect weather conditions members of the World Class Athlete Program and many friends took part in a change of command ceremony Aug. 29 that saw Capt. Dominick Black assume responsibility of the program.

The festive occasion was reviewed by Col J. C. Abney, deputy commander, United States Army Community and Family Support Center, and saw the end of Maj. Michael Hagen's four-year tenure as WCAP commander.

Black comes to the WCAP program after having a successful run as a wrestler in the program until 2002 when he left to assume command responsibility with the 10th Special Forces Group here. Hagen, who also was a member of the WCAP program as a tri-athlete, had significant command time in Army units as well.

Abney started off his remarks by saying it was a great day to be in the Army and a great day to be at Fort Carson. Judging by the smiles of both the incoming and outgoing commander, it was just that. Abney said Hagen had upheld and enhanced the solid

tradition of the WCAP program during his tenure

“We are here to honor the service of Major Michael Hagen and to welcome the incoming commander, Captain Dominick Black. Make no mistake, this is a hard job and a challenging job, but it is also extremely rewarding. The WCAP story is a rich one and its accomplishments are legendary. Hundreds of Soldiers have participated in the Olympics and, since its inception in 1994, the program has provided outstanding opportunity and support to Soldiers striving to achieve Olympic dreams while also maintaining a professional military career,” Abney said.

Black said he is looking forward to continuing the tradition of the program and getting more people on Olympic teams and winning medals. Black came to the program as a specialist and said he never envisioned the day he would come back as the commander. Now that it has happened he said he is thrilled with the opportunity.

“It's been an extremely exciting thing for me and I'm happy for the opportunity. I was going about my military career and Major Hagen men-

Mountaineer Intramural Sports



Preseason champs

A player for Alpha Company, 2nd Brigade Combat Team (provisional), 4th Infantry Division, right, runs up field while being pursued by members of the 1st Mobilization defense during the preseason title game. The infantry unit won, 26-12, Aug. 31 at the Mountain Post Sports Complex. The infantry unit went undefeated during the tournament to capture the title, but it wasn't easy. The 1st Mob team went up 12-0 to start the game only to see the infantry team clamp down on defense and win the game. Donald Delegee, A Co coach, said his team lived up to its unit motto of “never quitting” when it got down by 12 points early. “We just didn't quit and the defense shut them down in the second half. We decided that we would just lock up on each man and trust our teammates to get the job done,” Delegee said. Delegee also said winning the preseason tournament was just the start of what should be a great season of football on the Mountain Post. “This is going to be a good season on post because there are a lot of good teams.”

Photo by Walt Johnson

On the Bench

Vikings cheerleaders visit Mountain Post today

**Story and photos by
Walt Johnson**

Mountaineer staff

Members of the Minnesota Vikings cheerleader squad will be coming to the Mountain Post today for an autograph session and to have dinner with the troops.

The Vikings cheerleaders will be at the post exchange from 4-6 p.m. signing autographs and then will have dinner with the troops at Wild Bills Buffalo Wings on post from 6-7:30 p.m.

The cheerleaders will also be visiting Peterson Air Force Base and the Air Force Academy during their visit to Colorado Springs.

The Colorado Rockies and Qwest will present Qwest Military Day at Coors Field Sept. 28.

The Rockies will be host-

ing the Los Angeles Dodgers in a 1:05 p.m. game that will feature special pre-game festivities including a parade, fly-over, national anthem, color guard and ceremonial first pitch—all performed by military personnel and veterans. Additionally, commemorative dog tags will be handed out to the first 5,000 fans, compliments of [America Supports You.]

According to event organizers, uniformed military personnel and veterans will be offered complimentary tickets and have the opportunity to participate in a pre-game parade.

Also, additional tickets are available for family and friends for \$6 each.

To order tickets call Bobby

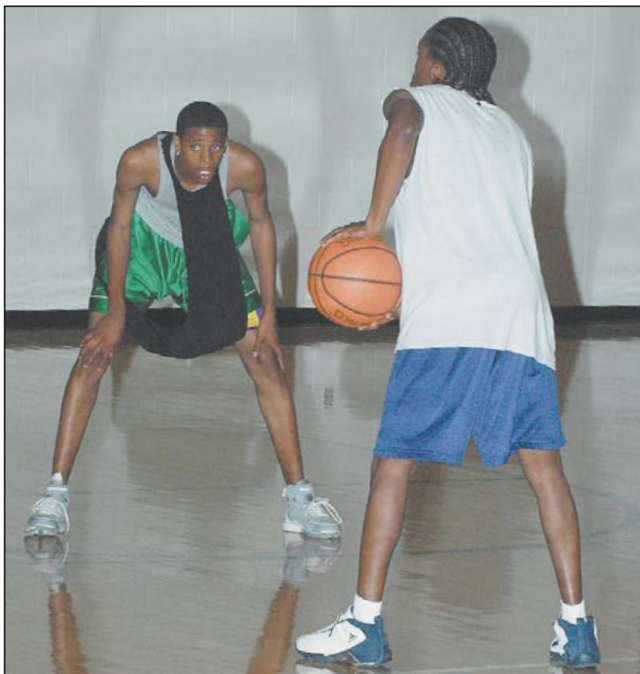


Photo by Walt Johnson

Playing defense

The youth center was the place to be Friday as young players hunkered down to play defense and looked to score during the midnight basketball action.



Photo by Walt Johnson

Practice the save

Jason Ollom, Fort Carson Mountaineers soccer goalie, reaches for a shot during a practice session recently at the Mountain Post's Pershing Field.

Bench

From Page 34

Dicroce at (303) 312-2486. You can also fax an order by calling (303) 312-2219, e-mail orders to dicroceb@coloradorockies.com, or submit mail orders to CRBC, 2001 Blake Street, Denver, CO 80205, Attn: Bobby Dicroce.

All orders received by Sept. 15 will be mailed.

For all late orders, tickets will be available for pickup only at the Coors Field Will Call windows on Blake Street between 20th and 21st streets.

You will need a photo identification to pick up your tickets at the Coors Field Will Call windows.

The Colorado Rockies are celebrating their last military appreciation day at Coors Field today and Saturday when it hosts the Washington Nationals.

The Rockies are offering discount tickets in the outfield box, pavilion or upper reserved infield seating area for \$6 per ticket.

In order to get the tickets call (303) 762-5437 and say you are calling for the military appreciation days tickets.

These tickets will not be available at the stadium ticket windows. You must state that you are an active member of the United States military or a military veteran and provide reference number 741532.

The Mountaineer varsity soccer team is looking for a few good players for this year's fall season.

Week 1

Football

College

1. Penn State at Notre Dame
2. Colorado at Colorado State
3. Ohio State at Texas
4. Washington at Oklahoma
5. Clemson at Boston College
6. Georgia at South Carolina

Pigskin Picks



John Craig
2/10th SFG (A)

1. Notre Dame, 2. CSU, 3. Ohio State, 4. Oklahoma, 5. Boston College,
6. Georgia, 7. Bucs, 8. Panthers,
9. Broncos, 10. Chiefs 11. Cowboys, 12. Colts, 13. Packers,



Dwayne Fields
AX 2/4 ID

1. Notre Dame, 2. Colorado, 3. Texas, 4. Oklahoma, 5. Clemson,
6. Georgia, 7. Ravens, 8. Panthers, 9. Broncos, 10. Bengals
11. Cowboys, 12. Giants, 13. Bears, 14. Cardinals, 15. Vikings,



Jim Mitchell
Civilian

1. Penn State, 2. CSU, 3. Texas, 4. Oklahoma, 5. Clemson,
6. S. Carolina, 7. Bucs, 8. Panthers,
9. Broncos, 10. Chiefs 11. Cowboys, 12. Giants 13. Packers,



Michael Perry
21st SVS (PAFB)

1. Penn State, 2. CSU, 3. Texas, 4. Oklahoma, 5. Boston College,
6. Georgia, 7. Bucs, 8. Panthers, 9. Rams, 10. Chiefs 11. Cowboys,
12. Colts, 13. Bears, 14. Cardinals, 15. Redskins 16. Raiders

NFL

7. Ravens at Buccaneers
8. Falcons at Panthers
9. Broncos at Rams
10. Bengals at Chiefs
11. Dallas at Jacksonville
12. Colts at Giants
13. Bears vs. Packers
14. 49ers vs. Cardinals
15. Vikings vs. Redskins
16. Chargers vs. Raiders



Mountaineer **Athlete of the Week**



Nate Sonnier

Sports Position: Coach, 1st Mobilization Brigade
What got you started in sports?

The Army got me involved with sports. I didn't play competitive sports until I joined the Army.

What is your proudest personal moment in sports?

The best moment in sports I have had is being a member of the post varsity softball team. Playing for Bryant Rushing and representing the post has been great because it has been an organized and well-represented team for the time I have been a part of it. When organized as well as this team, you build friendships off the field as well as on the field.

What is your best memory in pro sports and why?

My best professional sports moment was the immaculate reception by Franco Harris in the Steelers playoff game in 1976. I didn't see it on TV but after seeing it on sports flashbacks, I thought it was just something awesome. I'm not a Steelers fan, I'm a sports fan. It wouldn't have mattered if it was my team or another team, I thought it was just an awesome sports moment.